

<b>Year 1</b>	<b>2024-25 NJIC Master Swim</b>			<b>5/7/24</b>	
<b>Week 1</b>	<b>Secaucus</b>	v	Weehawken		
<b>Dec 2 - 7</b>	Rutherford	v	<b>Lyndhurst</b>		
<b>2024</b>	Garfield/H.Heights	v	<b>Leonia/PP</b>		
	<b>New Milford/Dumont</b>	v	Becton		
	Mary Help (G)	v	<b>Harrison</b>		
<b>Week 2</b>	<b>Garfield/H.Heights</b>	v	Weehawken		
<b>Dec 9 - 14</b>	New Milford/Dumont	v	<b>Rutherford</b>		
<b>2024</b>	Mary Help (G)	v	<b>Secaucus</b>		
	<b>Harrison</b>	v	Lyndhurst		
	<b>Becton</b>	v	Leonia/PP		
<b>Week 2</b>	<b>Rutherford</b>	v	Weehawken		
<b>Dec 9 - 14</b>	Garfield/H.Heights	v	<b>Secaucus</b>		
<b>2024</b>	New Milford/Dumont	v	<b>Lyndhurst</b>		
	Mary Help (G)	v	<b>Leonia/PP</b>		
	<b>Harrison</b>	v	Becton		
<b>Week 3</b>	<b>New Milford/Dumont</b>	v	Weehawken		
<b>Dec 16 - 21</b>	<b>Mary Help (G)</b>	v	Garfield/H.Heights		
<b>2024</b>	Harrison	v	<b>Rutherford</b>		
	Becton	v	<b>Secaucus</b>		
	Leonia/PP	v	<b>Lyndhurst</b>		
<b>Week 3</b>					
<b>Dec 16 - 21</b>	Becton	v	<b>Weehawken</b>		
<b>2024</b>	Leonia/PP	v	<b>Harrison</b>		
	<b>Lyndhurst</b>	v	Mary Help (G)		
	<b>Secaucus</b>	v	New Milford/Dumont		
	<b>Rutherford</b>	v	Garfield/H.Heights		
<b>HOLIDAY BREAK</b>	<b>Schools may <u>MUTUALLY</u> agree to</b>		<b>swim a meet over break.</b>		
<b>Week 4</b>	Leonia/PP	v	<b>Weehawken</b>		
<b>Jan 6 - 11</b>	<b>Lyndhurst</b>	v	Becton		
<b>2025</b>	Secaucus	v	<b>Harrison</b>		
	<b>Rutherford</b>	v	Mary Help (G)		
	<b>Garfield/H.Heights</b>	v	New Milford/Dumont		
<b>Week 4</b>	<b>Lyndhurst</b>	v	Weehawken		
<b>Jan 6 - 11</b>	<b>Secaucus</b>	v	Leonia/PP		
<b>2025</b>	<b>Rutherford</b>	v	Becton		
	Garfield/H.Heights	v	<b>Harrison</b>		

	<b>New Milford/Dumont</b>	v	Mary Help (G)		
<b>Week 5</b>	<b>Mary Help (G)</b>	v	Weehawken		
<b>Jan 13 - 15</b>	<b>Harrison</b>	v	New Milford/Dumont		
<b>2025</b>	Becton	v	<b>Garfield/H.Heights</b>		
	Leonia/PP	v	<b>Rutherford</b>		
	<b>Lyndhurst</b>	v	Secaucus		
<b>Week 6</b>	<b>Harrison</b>	v	Weehawken		
<b>Jan 20 - Jan 22</b>	<b>Becton</b>	v	Mary Help (G)		
<b>2025</b>	<b>Leonia/PP</b>	v	New Milford/Dumont		
	<b>Lyndhurst</b>	v	Garfield/H.Heights		
	Secaucus	v	<b>Rutherford</b>		
<b><u>NJIC CHAMPS</u></b>	<b><u>@ LYNDHURST HS</u></b>		<b><u>1/25/25 - 10 AM</u></b>		
			SNOW DATE 1/26/25		
<b>HOME - BOLD</b>			<b>Anticipated</b>		
	<i>BC Swim champs</i>		<i>1/18/25 (TBD)</i>		
	<i>HC Swim champs</i>		<i>1/20/25 (TBD)</i>		
	<u>Schools may need to adjust weeks 4-6 (in season) due to</u>				
	<u>county tournaments.</u>				
	EVERY effort should be made to have conference meets				
	completed on / before 1/25/25				
	NJIC CHAMPIONSHIP meet info to Kevin by <b>TBD</b>				
	<b><u>NJSIAA 2024-25</u></b>				
	11/25/24 - Start of Practice				
	12/2/24 - Start of Scrim/Comp				
	State Tourney start - 1/30/25				
	SMOC - 3/1/25				